

The last year had ended in a very unexpected manner. Some of you may be sad you couldn't write the final exams. And some may be relieved that you didn't have to write them at all... and still got promoted! Anyway, let's forget all that and start the New Year with vigour.

Remember that we are not yet free from the threat of the corona virus. Let us fight it through prayer and by obeying the directions given by the Government and school authorities. Let's offer ourselves in the loving hands of God our

Father, keeping in mind. His words, "For surely know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope."

The most essential character of a successful student is having an aim in life. If you aim high, you will develop power in yourself to overcome all obstacles. Next, you need to work hard. Some students seen to think that they can get a pass even if they don't study. Remember a pass in exams is of no use if it is through some malpractice or by getting grace marks. Our goal is to succeed in life and that requires studying the lessons prescribed for each year. Success in exams is easy for those who study their daily lessons right from the start of the year. Let's take a firm decision to study our lessons regularly this year.

I commend each one of you to the sacred Heart of Jesus. May you be blessed abundantly this year!

With love,

Fittle Sta

Sr. Annie Davis CMC (Gen. Councillor)



COVID in the SAUL

The Corona Virus is spreading all over the world taking the lives of lakhs of people. What all precautions have been taken against this micro organism!!!

But there is a virus that destroys our soul. Do you know that Virus? It is SIN. Let's see how we can escape ourselves from the attack of this virus. We keep social distance in order to prevent the spreading of Corona virus.

In the same way we can keep a distance from the circumstances of sin and escape from virus that kills our souls.

Let's keep a distance from the social evils such as drunkenness, smoking, pornography, blue films, gossips and bribery and break the chain of SIN. We should participate in the Eucharistic Celebration devoutly. We have to read and learn the Word of God and meditate on it. Thus we should lean towards our God Almighty.

We fight against Corona using soap. In the same way we have to keep our souls neat and clean in order to prevent the entry of sin into our souls. Our mended thoughts lead us towards the right or wrong path. So let's try to keep ourselves away from jealousy, pride and the lust of flesh. When we remove the stain of sins through confession, sin, the corona like virus will also be destructed.

As Vitamin C improves the immunity of our body we need some Vitamins to improve the immunity of our soul. We have to develop the habit of reading good books, maintain contact good people with, do good things and recite ejaculations in order to protect our souls from the attack of sin.

Corona affected people come back to their life under the care of health workers. They have to obey all the instruction given by the health workers to escape from the attack of Corona Virus. Likewise our spiritual directors such as Priests, religious Sisters and our parents are the health workers of our soul. By abiding by rules given by them we keep ourselves away from the attack of Sin.

Are you ready to acquire immunity of our soul?????



Heavenly Home

Heavenly Home: So wonderful a home
Its creator is God
He dwells in it
He is the king and Father there
God protects this home
God is always there
God knows this home; and
God loves this home
The home is made by God
God's children are there
It's our Heavenly home
God's own home, our own home
The most beautiful home



Responsibility

Thankappan was a rich man. He had two servants, Damu and Raju. Damu always complained about

Raju's salary. He was little jealous as the master used to give more money to Raju than to him. Thankappan was waiting for an opportunity to solve Damu's problem. One day the master saw a vehicle with thickly packed hay parked some distance away. He called his servants and told them to ask from where they brought the hay. Immediately Damu went there and came back quickly. Raju took his cycle, collected details and came back.

Thankappan asked Damu: What is the price of the hay? He replied 'you told me to ask about the place only, I did not, therefore ask about the price. "He bowed his head in shame." Master asked the same question to Raju. His reply was like this "It is a vehicle from Tamil Nadu; the hay is for the nearby farm. Three more loads are coming. I load costs Rs. 12000, they sell it on wholesale basis only." Thankappan looked at Damu. He left the place without uttering a word.

Dear friends, We should never forget our responsibilities while we argue for our rights.



Examine the Heart



behave like God. People with good behaviour are the owners of a good heart so it is better to examine our hearts.

Below are a few questions and we will set the mark for finding the answer. Put 10 marks for each questions in the box that accompanies the question. You can colour the box according to your mark.

- 1. Do I spend studytime faithfully? \Box
- 2. Do I get angry when I am asked to switch off T.V. and when mother doesnot give me the mobile phone? $\hfill\Box$
- 3. Am I lazy when I am called for family prayer? \square
- 4. Do I insist for bakeryfoods? □
- 5. Do I respect my teacher? □
- 6. Do I quarel with my classmates and siblings? □





Don't you want to be a Beffer Person

nce Appu and his friend Thomas went for a walk. While enjoying the outing, Appu saw an old man pushing his handcart full of fruits. Appu understood that the man was struggling a lot. He felt pity on him. Appu went to him with Thomas and they helped him to move the handcart. The old man was happy. With tears, he thanked them and blessed them. He gave them some fruits with these words: "May God bless you dear children." Appu's heart filled with happiness to see the man's joy. He told Thomas "It is an unforgettable day for me, I could do a good thing for my neighbour. If a little good deed gives this much happiness, how happy life be if we do good to every one we meet."

"Let there be no day in your life in which you did no good to others." **St. Chavara**





For Success in Life

Arise - Joyfully

Wear - Modestly

Eat - Moderately

Think - Honestly

Pray - Sincerely

Sleep - Peacefully

Behave - Innocently

Sleep in peace, arise with joy and enjoy life,



Amma

My heart fills with love When I hear the word 'Amma' How beautiful the day When with my little tongue 1 uttered, 'Amma!' Never can 1 forget The love of my mother Who fed me, cared for me And sung me lullabies 1 could feel The embers of her love When I rested my little head In the warmth of her breast ls she not my good God's gift -My mother - who has helped me to be What I am today... Is she not the one Who led me to the Lord... And in her, do I see now, God, who is true Love.





Mind Spot

Choose the correct answer

little Star

12

*	What doesn't get any wetter, no matter how
	much rain falls on it?
*	The more you take, the more you leave
	behind. What are they?
*	What sits in a corner while travelling all
	around the world?
*	What word, when written in capital letters;
	is the same forward, backward, and upside
	down?
NOON Stamp	
	Water Stamp
	Footsteps





When Corona speaks...

Pear friends, I am very familiar to you today. I'm Corona. I know that you are afraid of me. I want to speak some important matters. But please, don't come so close.

Man was so proud of his abilities. When he touched the surface of Moon, his pride was at its peak. He thought that he could find medicine for any diseases. But God Almighty corrected all these wrong thoughts.

Before the attack of corona nobody had time for prayer, for reading of good books, recreating with family members etc. But now the situation has entirely changed.

Everyone was after material benefits and luxurious life. They worked hard to enjoy their life. Man spent lakhs and cores for wedding celebrations etc. Now everything has become very simple, and essentialities of life and communion are present everywhere.

We depended other states for our food. But now with the presence of jobless people here we learn to cultivate on our lands and make our own food. Infact this leads to better health.

When we look around, we see a lot of changes in nature. Every stain has been removed from nature. Air, water and the nature itself became pure.

Our acquired food habits in which we started taking fast food and become unhealthy very fast have been changed now-a-days. Now everyone has the opportunity to taste and enjoy homemade items.

If we follow our Lord's command to work hard for 6 days and take rest on 7th day, if we preserve the family relations and grow in prayer time if we harmonize ourselves with nature and if we give up our greed and use only the required natural resources for our existence, then we can say goodbye to Hospitals and medicines.

Now, you say, am I your enemy?

You, yourselves invited me.

You need not bother about those who died. They returned to their Creator before you to enjoy wheavenly life.





like a protective cloak around me
He holds me close to His
heart, like a father holds his child
Whatever happens
His love for me will not change.
If I can't see or hear
Him, It is because I am not looking
or listening, though
He is there, close to me.



Amma gave little Tomy his favorite chappathi for breakfast. After a few minutes she saw him throwing chappathi pleas at a crow outside the house. He throw a few small piece and then the whole chappathi. Mamma went near him and asked gently, "Dear, why are you throwing your chappathi?"

'Mamma', Said Manu, "Papa had said not to let crows and hens enter the house. They will make the house dirty.. I'm driving that crow away!'

'Son', Mamma told him, 'the crow likes foodstuff. So it won't go away if you, throw food at it. You should throw stones.... Like this' And she threw a stone at the crow and drove it away.

Friends we may have repetitive sins that we might defeat them by fulfilling our desires but only by constant effort and sacrifices.

18 Little Star



Who Am I?

I'm colourless, I, am colourless I'm your best friend in summer Whatever that has life

Cannot live without me.

I really don't have

A shape of my own

And for the rich and the poor

I am precious

Who am I?

Water

Little Star

19



Mary My Mother

Mother, Mary, Virgin pure
Queen of Heaven, undefiled
Mother of the Word, Holy Ark
Star of Victory, Graceful Mom
Star of the earth, Glory of heaven
Power divine, Treasure of the earth
Manna of Life, perfect Woman
Father's beloved, Spouse of the Spirit
Ocean of Grace, O Merciful one!
At your feet do I humbly bow.





WATCH

W - Words - Accurate

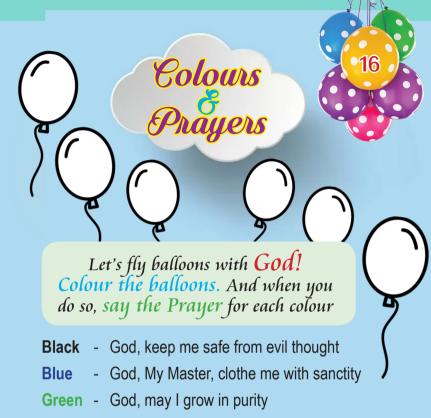
A - Actions - Timely

T - Thoughts - +ve -Your Time span

C - Character - convincing

H - Heart - loving





Rose - O my God, come and dwell in me

Yellow - Dear God of mine, be always at my side

Brown - God, teach me to love my parents



Let's Practice Everyday...



On waking up in the morning, say 'Thank you' God for the new day



Pray with the family



While doing any chores, ask God to help you. Pray before having your food



When you sit down to study, place yourself in the hands of wisdom and study carefully



Recite the simple prayer 'God, come into my heart.'



Thank God before going to bed.





Master Jithu is on a trip. He travels in a bus called Life. He realizes God's presence in his life experience. Let's see how he experienced this.





Jithu came back home after his trip. He was honored by the school authority for his academic as well as non academic excellence. When he showed the Trophy to his mother, she said that it was the gift of God.

BREAKDOWN

As Jithu covered some distance something went wrong with the bus. He could not continue his trip. He got out of the bus and looked around. He saw a motor vehicle workshop. He was really happy and managed to repair his bus. He remembered his mother's words that God is always there to help us. He experienced God's presence through this workshop and the workers there.



SADNESS

After few days she came to know that his father met with an accident. He became sad. He came back and saw his father. He realized that somebody had brought his father to the hospital in time. So his life was saved. Jithu thought how great our God is!!!. His sadness melted within seconds.

FEAR

Again he started his journey. He had to pass through a forest. It was a dreadful forest and when he was about to enter two-three people came to him and asked him to take them with him. He was really happy. Once again he experienced God's protecting love.





DISEASE

When he reached out of the forest he became ill. As he put some steps forward he saw a hospital. There he got enough care from doctors and nurses and he regained his health. There he enjoyed the presence of the curing hands of God.



Pon't break Chain...!!!

ow-a days we are familiar with the words-Break the chain. The purpose of this is to prevent the attack of micro-organisms and thereby build up a healthy society.

But here we are discussing a matter which is entirely different - ie. don't break the chain of relations.

Mottu is a little boy studying in 3rd standard. He is always happy and everyone likes to be in his presence. He has parents and two elder sisters in his family.

One day he asked his parents to buy a bicycle for him. But they denied it. Mottu became sad and stopped talking with parents.

Here by breaks the chain of relation with parents

After some time his elder sisters began to tease him for this silly matter. This irritated him very well and started quarrelling with them.



Thus he breaks the chain of relation with his sisters

In the evening he went to bed before evening prayer.

He breaks the chain of the relation with God



Next morning parents scolded him for his misbehavior and he became more irritated and went to school.



At school he didn't listen to teachers and they got angry with him.

Here he breaks the chain of relation with teachers

After this he quarreled with his classmates without any reason.

Breaks the chain of relation with friends

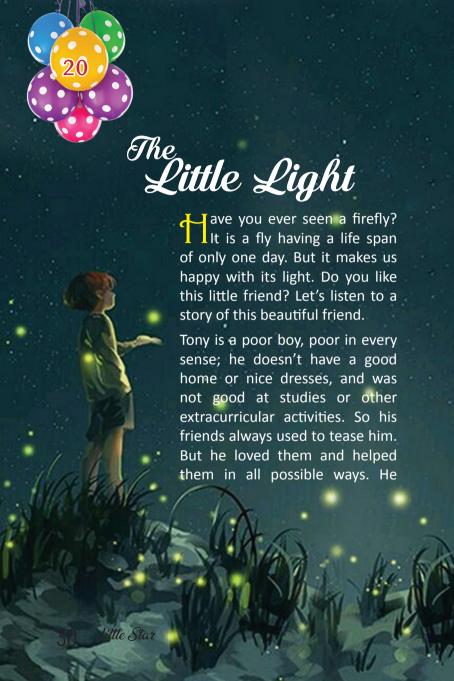


At the end of the second day he was totally disappointed and nobody wanted to be with him

Dear friends, what all happened to Mottu came out from very simple matters.

Now it is your turn.... Will you break the chain of relation with your beloved parents, teachers, friends etc???

Keep a good relation with everyone around you and build a strong society.



never teased anybody. But his classmates were not ready to accommodate him in their groups as he was not as smart as them.

One day while he was returning home from school, he saw a bee and a fire fly flying in front of him. Suddenly the firefly got stuck in a spider's net. It struggled to escape from the trap. Seeing this, Tony ran to the firefly and saved it. He felt happy to help the fly.

Tony didn't have electricity at home. He liked to study and so he used to pray to God everyday: 'God I want to study well. Please give me electricity at home.' That day after night prayer while Tony got ready for bed, he saw near his study table —a big light. One bit of light came to him. He realized that it was the firefly whom he saved from the spider's net. It had come with friends to help Tony. They started coming every day. Tony studied well in the light offered by the fire fly and became good at his studies.

When he saved one life that life becomes light for him. The light of good deeds will light up our whole life.





Neenu's Parrot

Once Neenu got a little parrot from the garden. She brought it home and named it Rani. She cared for it with much love. Neenu was afraid of thunder and lightning. During lightning she used to cry loudly. Neenu's grandma always consoled her with those words "don't be afraid my child, God is with us"-One day her grandma died due to an accident, Neenu cried and cried. Then she heard a beautiful voice telling her don't be afraid my child, God is with us. She realized that it was Rani, her dearest parrot. She felt ashamed, even Rani learned lessons



for life from grandma's words but me..... She told herself Neenu repeated those words "No I won't be afraid or cry, God is with me always'. She looked at Rani, It screeched happily.



Naughty Boy

even year old little Deepu is very naughty and Ono one at home could control him. He destroyed everything- things in the show case, flowers in the garden, books on the shelves; nothing was safe in his presence. His mother Leelamma was very sad about him. She prayed a lot, rosary, deliverance prayer etc. She used to sprinkle him with Holy water, but there was no change in him. One day his Sister Aunty gifted him a CD. It was a beautiful CD about God the Creator. Deepu watched it with much interest. Everyone was surprised to see Deepu watching it without any distraction. They were waiting to see his response. When the movie finished, Deepu told himself "So God created the great sea monsters and every living creature that moves; Water creature of every kind with which the waters swarm, and winged birds of every kind. And God saw that it was good." Mom asked Deepu: "What are you murmuring? He replied, I won't destroy anything, because each thing is God's creation." All at home were amazed and happy with Deepu's change.



Friends, everything is God's creation, we have no right to destroy anything.





Let us become Sweet

- ▼ Through sharing our love with everyone
- While obeying our teachers
- By asking sorry to those who are wounded by you
- With our smiling face and helping hands
- When kissing your mother with affection
- Doing duties properly and switching off T.V. to study your lessons
- Praying daily
- Through giving up your favorite things to strengthen your mind and soul



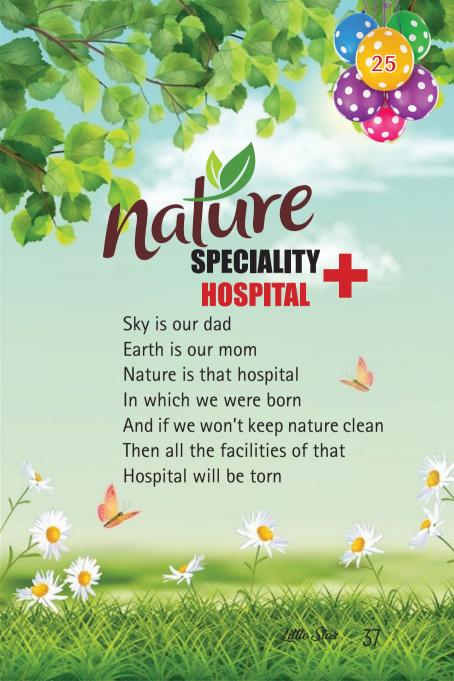


6.

Colour the *

- Obeying parents 1.
- *
- Doing home work 2.
- * *
- 3. Teasing friends
- *
- Helping Grandpa 4.
- ☆
- 5. Wasting Food
 - Using Ipad during study time
- Washing Dress 7.
- *
- 8. Cleaning home
- Quarrelling with brother 9.
- 10. Praying before study







"Honor your
Father by word and
deed that a blessing
from him may come
upon you."

Father's Day

The 3rd Sunday of June is Father's Day don't forget to wish Papa!
Papa favors child's fortune
Always attentive to family
Teaches me to live gracefully
Has an eminent personality
Earns hard for family
Renders selfless service to society
You must not only wish him, but also love him more are you ready?

Prepare a card
like this and wish
your Pappa,
also Love
him



The Moment of Recognition



ppu could hear the school bell even when he reached the turning to that street. He tried to run a little faster. It had begun to drizzle. The school compound was very quiet. "They've all got inside," he thought, "Today is my first day in Std VII I wanted to reach early....at least today...but there was more work today..."

Walking along the verandha, he recognized Mini teacher's voice. She was still the class teacher of Std VI. He walked on, towards Std VII. The voice from that class sounded unfamiliar and he panicked "A new sir" he thought.

He stood at the door with his bag in his hands. "Why are you late?" Sir asked in a loud voice.

Not knowing what to say, he stood with bowed head. He could see Jobin, Binu and Britto in the front seats. They were laughing at him. All his classmates were staring at him.

"What is your name?" Sir asked in a softer voice.

"Appu" he replied

The three front-benchers cried out," Appu- son of the one-eyed fisherwoman!"

Every one used to make fun of him with these words. They knew it hurt him. Yet it was fun for them. His eyes became moist but he did not react.

"No nicknames here! You may get in Appu..... but if you repeat this, your place shall be outside." Sir spoke sternly.

Just then the bell rang for assembly. A heavy rain started. Students rushed to the auditorium.

Alone in the classroom, Appu raised his tear-filled eyes towards the crucifix near the blackboard. He was reminded of an incident he read from the life of St. Dominic Savio, his favorite saint. Whenever his friends teased him or bullied him, Dominic would kneel down and pray for them "If I pray for my friends, I too can become a Saint like Dominic Savio" he realized. With a new decision, he ran towards the auditorium

The day passed quickly. Not much was taught. And since it was the first day of school, there was class only till noon. On his way home, Appu decided to ask his master for permission to leave early even if it meant starting work earlier.

The next day, when Appu reached the school running, the bell had rung. His class teacher was waiting with a cane in hand. "No more excuses," he said and asked Appu to walk towards the

Headmaster's room. Appu cried and begged forgiveness but it was of no use. Sir grabbed his hand and hurried to the office.

Seeing this, Mini teacher stopped him and talked to Sir. Appu felt relieved. He felt that teacher was an angel sent by the Lord. He was sure she would understand.

After speaking to Mini teacher, Sir did not take him to the office, but made him stand in class the whole day. This did not bother him. The crucified Lord strengthened him. He knew that Jesus understood him even if Sir did not.

That evening, his class teacher, the Headmaster and Mini teacher paid a visit to Appu's house. It was a poor little hut. They saw Appu gently feeding his mother. They were touched.

"What happened to mother?" asked Mini teacher with a quiver in her voice.

"She's paralysed," murmured Appu.

Seeing the mother and the son, Appu's class teacher was reminded of his own mother, whom he was planning to get admitted to an orphanage the next month. He made a second thought to what he was about to do. Thus child becomes the Father of





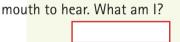
Riddles



Who am I?

1.	Green,	but not a leaf; copies
	others	, but is not a monkey?

2. I use my ear to speak and my



3. I'm as hard as a rock, but I melt immediately in hot water. What am I?









Childhood Memories

Lamps of memories
Light up my childhood
How we used to
Play together....
Hopping and leaping like monkeys....
Whispering to the gentle breeze...
Singing and dancing....
These memories
Cool my mind like dew...
I long to have those days back...
Once more.....

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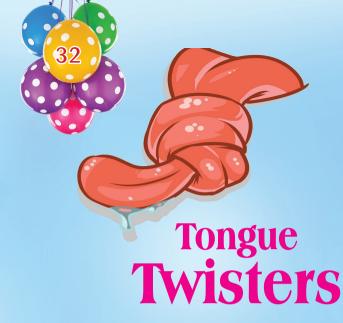
Before Bed



movie with her elder brother. When the movie ended, she had fallen asleep and her brother took her to bed. Her mind was immersed in the movie, its characters, their dialogues; everything disturbed her sleep. In the morning, she eagerly told the whole story to her mother. Mother listened to her patiently and told, "that's why your teachers and parish priest tell you to read and listen only good things. Bad thoughts and books not only harm our mind and thoughts, but our life also."

"Yes, Mummy now I understand, Maria replied "I won't do it again and will read good books everyday specially before going to bed" Mummy hugged her with love.

Dear friends, do you have the habit of reading good books before bed, If not, let's start it today. May our life be filled with God's grace...



- ★ Betty bought some butter, the butter was so bitter, so Betty bought some butter to make the bitter butter, better better.
- ★ She sells sea shells on the sea shore



Peace for all

Each person, each nation longs for peace Let's read some famous quotes on peace:

"Peace begins with a smile"

Mother Teresa





"Education is the best weapon for peace" Maria Montessori

"When you make peace with yourself, you make peace with the world"

Gandhiji

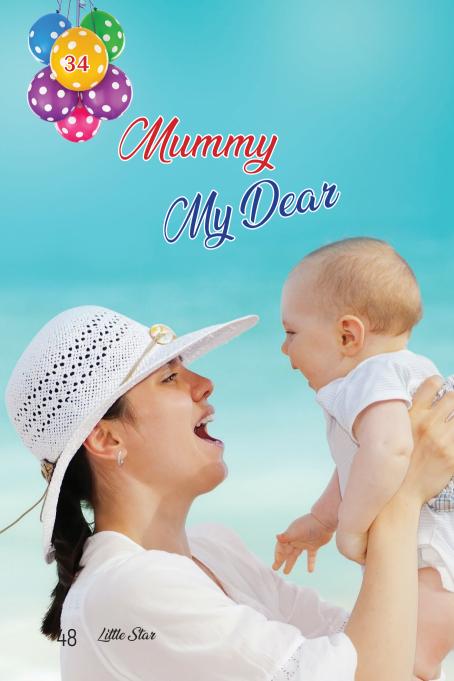




"I defeat my enemies when I make them my friends" Dalai Alama

"If you want to end the war then Instead of sending guns, send books Instead of sending tanks, send pens Instead of sending soldiers, send teachers" Malala Yousafzai







Mother

M - Millions of things she gave

O - Offers always love

T - Tears she shed to save me

H - Heart is pure as gold

E - Eyes with full delight

R - Remember always me

Mummy

M - Mother

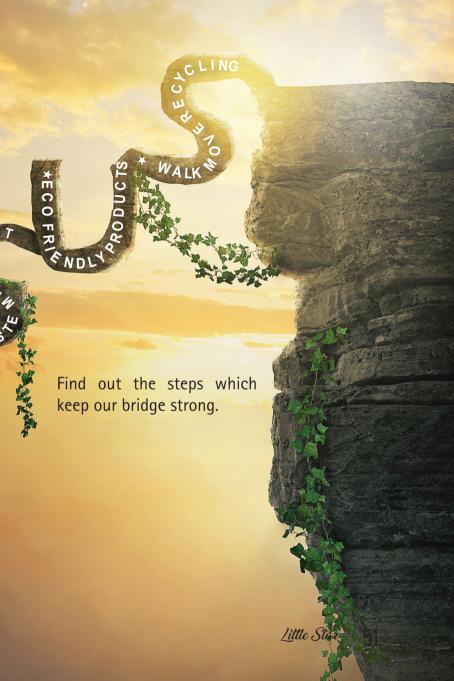
U - U live

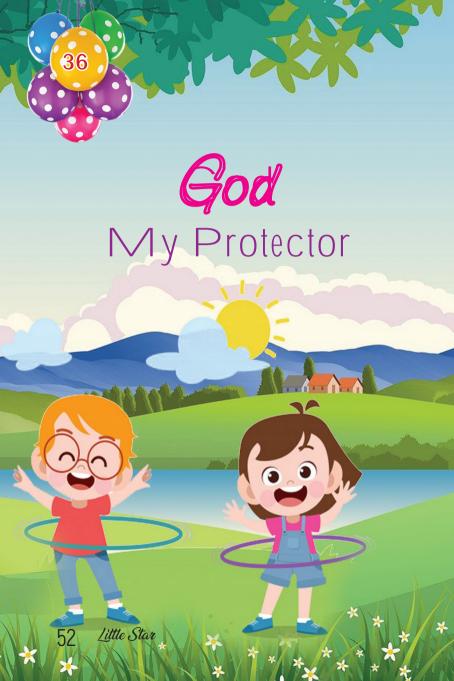
M - Many

M - More

Y - Years







Sona and Sobin were running happily through the meadow in the park. There were a lot colour flowers. Just then they saw a beautiful butterfly and started following it.

Soon, Sobin got tired. He went and sat on a bench. Sona ran to him and pulled at his hand. "Let's play hide and seek, she rid

Sobin was not eager to play, but he get up and joined his sisters. Both of them got absorbed in the game.

Now it was Sona's turn to count.

".....47, 48, 49, 50! She cried out and started to search for Sobin.

She looked behind the trees and under the bushes - everywhere Sobin usually hides. But she could not find him.

"Sobin....you win! Come out!she called. No answer. Sona felt scared. Where was her brother?

There was a sudden bolt of lightning and thunder.

"Munny!" Sona screamed with all her strenth.

She felt Mummy picking her up and hugging her "What's the matter, dear? Did you have a bad dream?"

Mummy asked.

So it was only a dream! Sona felt ashamed.
"I was frightened by the thunder and lightning,
Mummy, she murmured.

"But there is no thunder or lightning here, see?" Sona you forget what I told you yesterday. Did you say the prayer before going to bed? That's why you had the bad dream."

"Sorry, Mummy, I'll say the prayer now." Sona closed her eyes and prayed: "God you are my loving Father And you are the King of the World All creatures and all nature Will always obey your Word So Father dear protect your children From every kind of harm and danger That we may put our trust in You And live in love and peace forever."

Sona was soon filled with trust in God's protection. She lay down and slept peacefully.

Friends, are you scared of thunder or lightning or illness or accidents? Don't worry. Say a simple prayer to God like Sona. He is our loving Father and will surely come to our help. Why not start praying today?



Maths,

a Friend

M - Mind

A - Accuracy

T - Talent

H - Honour

E - Enthusiasm

M - Memory

A - Attention

T - Tact

I - Interest

C - Clever





Are you scared when you hear 'Corona'?

Pon't worry. 'Corona' means 'a crown'. The Corona virus got its name because of its crown like shape.

According to Greek tradition. Corona is a Saint who lived in Syria in the second century. Latin tradition says she lived in Marseilles in France. It is believed that Corona was martyred in AD 177. She was arrested for comforting and encouraging Victor, a Roman Soldier who was being tortured for believing in Christ. Her legs were bound to two bent palm trees – one leg to one tree and then the trunks were released. Her body was torn apart and she died. She was only sixteen at that time. Her tomb is in Fellre in North Italy. The church there was erected after the First Crusade. Her feast is celebrated on May 14.

There is a dedicated to her in Sauerlach, near Munich. The plaque there invites us to rest a while near Saint Corona and to offer our sorrows and worries to her in prayer. She is the patron saint of treasure hunters. She is also believed to offer help in times of financial crises and pandemics.

Let us invoke her intercession for protection against the novel corona virus and Covid -19 pandemic